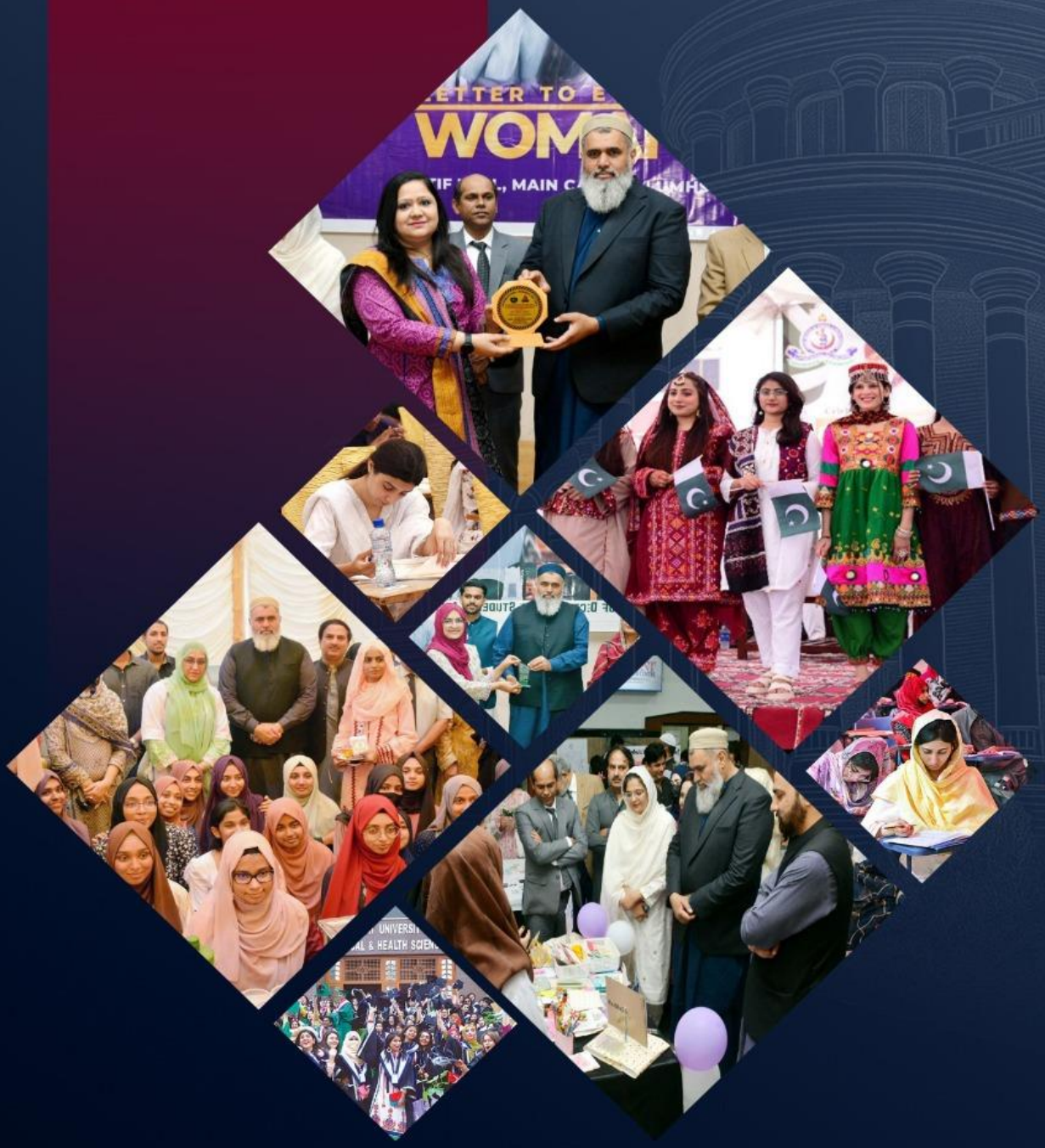
LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

SDG- 10

REDUCED INEQUALITIES



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LUMHS Provides Counselling, Mentoring, to Students, Staff, and Faculty, Including Those from Underrepresented Groups

Center for Psycho-Social and Academic Wellbeing

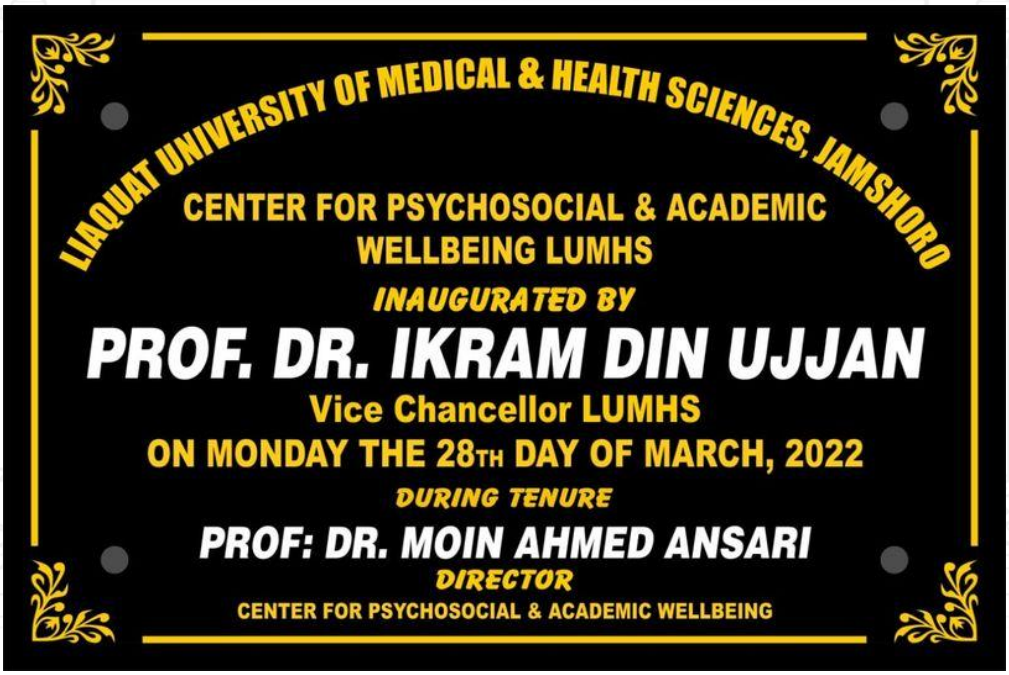
Liaquat University of Medical & Health Sciences (LUMHS) established the Center for Psycho-Social and Academic Wellbeing to support the mental health and academic success of students, faculty, and staff, including those from underrepresented groups. The Center was inaugurated on 28 March 2022 by the Vice Chancellor, Professor Dr. Ikram Din Ujjan, with Professor Dr. Moin Ahmed Ansari as Founding Director. It addresses the holistic needs of students by promoting psychosocial wellbeing and academic excellence, and it extends the same support to faculty and staff with including:

- Persons with disabilities
- Women
- Students from low-income or economically disadvantaged backgrounds
- Students from rural or remote areas
- Religious, ethnic, or linguistic minorities
- First-generation university students

Functions of the Center for students, faculty, and staff

- Provides mental health services, including counselling, therapy, and support groups.
- Conducts awareness programmes and sessions to promote mental health and wellbeing.
- Provides trained occupational therapists and counsellors.
- Offers a confidential and non-judgmental environment.





Diversity, Equity and Inclusion (DEI) Desk

LUMHS has also established a Diversity, Equity and Inclusion (DEI) Desk under the International Office, which supports people from underrepresented groups, including persons

with disabilities and international and minority students and staff. The Desk acts as a point of contact for anyone who faces exclusion, bias, or barriers. It coordinates reasonable accommodations, develops and implements inclusive policies, and organizes awareness programmes. It works with the Center for Psycho-Social and Academic Wellbeing and other departments to ensure that every member of the University community has access to guidance and support.